

MAG-36 NEWSLETTER



A MESSAGE FROM THE MARINE AIRCRAFT GROUP 36 COMMANDING OFFICER

MAG-36 Families and Friends,

Changes abound on Okinawa and at MAG-36. It looks like summer is here and the rainy season has finally ended. Many key leaders have changed at 1stMAW and at MAG-36. We welcomed BGen Beydler and SgtMaj Seward to 1st MAW, moved SgtMaj Brown from MALS-36 to the MAG-36 headquarters and changed commanders at MALS-36, VMGR-152, and HMM-265. Much of the MAG-36 staff has changed as well. Summer is always bittersweet because we have to say goodbye to many MAG-36 families and friends as we welcome new ones. Early August, the Command Team plans to host a “Meet and Greet” to introduce ourselves to the new families. Please join us if you are available. Our Family Readiness Officer, Josette Knapp, will provide details on the “Meet and Greet” and the August Beach Bash soon.

With summer also come Typhoon season—don’t be caught off guard. Typhoon season runs through November so make sure you and your families are prepared. During typhoons, expect high winds, flooding, loss of electricity, and water outages. Be sure to have a survival kit of bottled water, non-perishable foods, batteries, a portable radio, and flashlights.

Looking back at the last couple of months, we have had some great events thanks to our Family Readiness Volunteers. The MAG-wide Jane Wayne Day and our 1st Annual Chili Cook-off were great and well attended events. In the closely contested Cook-off, LCDR Jake Morarend won with the “Best” Chili. An exclusive event specifically for our Volunteers was the 1st MAW Volunteer Luncheon in April. At the luncheon, the Commanding General of 1st MAW took time to recognize and spend time with our dedicated Family Readiness Volunteers—thanks again for all you do for our Marines and their families.

Our Family Readiness Program thrives on the support and ideas of our on island spouses. We are always looking for new volunteers and new ideas so please contact Josette Knapp if you would like to help. It is a great opportunity for new spouses to be acquainted with island life quickly and has a positive impact on our Marines and their families.

All the best,

Colonel Mike Brassaw
Commanding Officer, MAG-36

INSIDE THIS ISSUE:

PROMOTIONS & NEW JOINS	4
CHAPLAIN’S CORNER	9
MEDICAL OFFICER	10
CHILI COOK-OFF RESULTS	12
FAMILY READINESS OFFICER	13
FOR YOUR CALENDAR	14

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SERGEANT MAJOR: WELCOME ABOARD!



Welcome Sgt Maj Laura Brown, new MAG 36 Sgt Maj

Welcome Aboard to all the incoming Families.

School is out and summer is in full swing.

Okinawa is a beautiful place to live.

Okinawa also has a very humid climate.

Please hydrate, hydrate, and hydrate!

By way of introduction, I am SgtMajor Laura L Brown.

I've recently taken over the reigns as the Marine Aircraft Group 36 Sgt Maj.

I'm no stranger to Okinawa.

My family and I have been on island since June of 2009.

Before working at the MAG,

I served at MALS-36 – just down the flight line aboard MCAS Futenma.

Spouses- I have noticed that MAG 36 has a strong spouse network.

Your contributions to assist our money making ventures for unit functions does not go unnoticed.

I look forward to meeting each of you at the next

MAG 36, PSD- 36 function.

FAIR WINDS AND FOLLOWING SEAS MAJ GEN FOX!

Marines, Sailors, Civilians, and Cherished Family members of 1st Marine Aircraft Wing,

As Cindy and I prepare to depart for Quantico, I wanted to pass our heartfelt appreciation for the hard work, dedication, and camaraderie you've displayed during the past two years. The sun never sets on 1st Marine Aircraft Wing as our operations and exercises have spanned the globe from the deserts of southern Arizona to Afghanistan. Your Espirit de Corps, motivation, and compassion for your fellow comrades is commendable, and I ask that you all continue to take care of each other and work hard to keep this Wing on the path to success. My time as the Commanding general of this venerable Marine Aircraft Wing has been the highlight of a career spanning 33 years, and I have you all to thank for the sense of personal satisfaction and great pride I feel as I transfer our beloved 1st MAW colors. Cindy and I will always cherish your friendship and the fond memories of serving you all. We wish you all the best as 1st Marine Aircraft Wing continues to lead from the front while building upon an already sterling reputation.

God Speed and Semper Fidelis!

Hondo

YOUR S-1 SHOP.....ALWAYS AVAILABLE TO ASSIST

From April - June 2010, Personnel Support Detachment-36 (PSD-36) Administration Department (S-1) has welcomed four new Marines as seven have transitioned out. Recent additions include SSgt Dana Allison, 1stLt Erik Ritter, Capt Eric Crecelius, and SSgt Kristin Ott. SSgt Allison joined PSD-36 on 26 March from Willow Grove, Pennsylvania, following a successful tour with MAG-41 Fiscal. She now serves as the MAG-36 Fiscal Chief. 1stLt Ritter joined PSD-36 on 1 May, after two years as an Aviation Supply Officer with Marine Aircraft Logistics Squadron 36 (MAL-36), including a tour as detachment OIC on 31st MEU. He is now serving as the MAG-36 Fiscal Officer. Capt Crecelius, our new Adjutant, joined our department on 25 June, coming from Officer Selection Officer (OSO) duty in West Lafayette, Indiana. SSgt Ott joined us from MAL-36 on 28 June as the MAG-36 Career Planner.

Two S-1 Marines transitioned out of the Marine Corps: Capt Emily Barton and Capt Mike Carpenter. Capt Emily "Showtime" Barton ended her tour as Assistant S-1 Officer, while ending her active service (EAS) on 27 May. She remains on-island as she shifts gears into full-time mom duty as a Marine spouse. Her husband, Capt Ricardo "Tonto" Barton continues to fly the CH-46E "battle phrog" with HMM-265, and is transitioning temporarily to MAG-36 HQ as the Director of Safety and Standardization (DOSS). Capt Mike Carpenter ended his tour as Fiscal Officer, and EAS'd on 21 June. Himself a new father, he and his family are moving to the East Coast, and applying for federal jobs. We wish them both success.

Also transitioning out of S-1 this spring was GySgt Shkari Ham, PFC Mason Sims, Maj Jonathan Brown, 1stLt Jonathan Brandon, Capt Justin Walstad, SSgt Jasen Kerr, and Cpl Jessica Richardson. GySgt Ham ended his tour as Fiscal Chief on 16 May, taking PCS orders to Cherry Point, North Carolina for his next assignment as the Aviation Supply Chief with the "Roadrunners" of

Marine Transport Squadron (VMR-1). PFC Sims transitioned out of the S-1 shop in April for his first combat deployment to Afghanistan. He will be driving tactical vehicles with MEF Headquarters Group (MHG) in support of NATO Training Mission-Afghanistan in the Eastern part of the country from 15 June to 15 September. He will execute PCS orders immediately upon his return. Major Brown relinquished his duties as Administration/Manpower Officer and PSD-36 XO on 30 June, executing PCS orders to his next assignment as Southeast Asia Desk Officer, International Affairs Branch (PLU), Plans Policies and Operations (PP&O) Department, HQMC in the Pentagon. 1stLt Brandon returned to his primary military occupational specialty (PMOS) as an Air Intelligence Officer. He will attend Marine Aviation Weapons and Tactics School (MAWTS) in Yuma, Arizona in the fall, then join Marine Medium Helicopter Squadron 262 (HMM-262) for deployment with the 31st Marine Expeditionary Unit (31st MEU) to round out his operational experiences here on Okinawa before taking on his career ambitions with Marine Special Operations Forces (MarSOF). Capt Walstad surrendered his post as Legal Officer to return to his passion for flying in his PMOS as a KC-130J pilot and fly full-time again with Marine Aerial Refueler Transport Squadron 152 (VMGR-152). And SSgt Kerr dutifully handed over the Career Planner desk to accept orders to 7th Communications Battalion, at Camp Hansen, where his above-average leadership skills will be tested regularly. Cpl Richardson was pulled to her new duty assignment in the Adjutant section of Marine Corps Logistics Base, Barstow, California. She is preparing to change gears from Administration to criminal investigations in the fall. LCpl Justin Olgin applied for Marine Corps Special Operations Forces (MARSOFF), hoping he has what it takes to shift career gears from fiscal clerk to steely-eyed snake eater and elite defender of freedom. We'll see in July if he made the cut.

The S-1 department celebrated one wedding this spring. On 7 April 2010,

LCpl Dannitia King married LCpl Richard Wallin from Camp Foster, IPAC in a ceremony on her native island of Guam. PFC Yesmarie Diazlopez was promoted to LCpl on 1 June.

During this period, S-1 stood two Commanding General directed inspections: Marine Corps Administration Analysis Team (MCAAT) Inspection and 1stMAW Functional Area Inspection (FAI). Both teams of inspectors delivered a tough audit and assessment of our administrative policies and services. The S-1 department earned recognition for three 'exemplary programs' in Legal Administration, Fiscal USMC, and Performance Evaluation System.

From 15 March – 23 May, the S-1 Department administratively supported 40 Marines from MAG-36 participating in Weapons and Tactics Instructor (WTI) Course 2-10. Capt Emily Barton organized and conducted a Women Marines Symposium on 19 May, addressing unique challenges facing women to over 100 female Marines in MAG-36 and MWSG-17, who represent 6% of all active duty Marines; particularly on Okinawa. Capt Walstad structured MAG-36 fund drive efforts to support the Navy, Marine Corps Relief Society. PSD-36 raised \$5,203. Maj Brown participated in Marine Forces Pacific Command Post Exercise Terminal Fury, and Japan Observer Exchange Program B-10.

During this time, our Admin clerks processed roughly 546 administrative packages for the MAG, including PCS orders, Overseas Extensions, W95 End of Active Service orders, Request to Reside Off-Base, Exemptions to Policies, IPCOTS, Tour Conversions, and tour curtailments. The clerks also processed over 124 awards, including five Meritorious Mazes, 98 Letters Of Appreciation, three Certificates of Commendation, three Good Conduct Medals, one Military Outstanding Volunteer Service Medal, eight Navy and Marine Corps Commendation Medals, and five Meritorious Service Medals.

THE S-2

The S-2 continues to be a hub of activity at the MAG, in no small part because of the many new faces in the shop. With the departure of GySgt Burkett in March to fill an IA (Individual Augmentation) billet in support of OEF (Operation Enduring Freedom), GySgt Bernis has stepped up to serve as the new Intelligence Chief, bringing more than 13 years of intelligence experience to the shop. While the S-2 will be sending Sgt. Kyle Hennessy down to HMM 262 as part of the 31st MEU, his job as senior analyst will be well filled by Sgt Rebekah Hennessy, his wife, who joins us from the 1st MAW G-2. Sgt Hennessy will not be alone though, as he will be joined at the squadron by 1stLt McElroy, who recently completed WTI (Weapons and Tactics Instructors Course) in late-May. Best of luck to them both!

Meanwhile, the S-2 welcomed five new Marines to the shop in mid-May, four of whom have Okinawa as their first duty station outside of MOS training. LCpl Caffero and LCpl Herrera successfully

completed the ISE (Intelligence Specialist Entry Course) in Dam Neck, VA, before arriving, while 2ndLt Erickson and 2ndLt Hovey completed the AIOC (Air Intelligence Officer Course) period of instruction, also at Dam Neck. 2ndLt Janiga also completed AIOC and, in addition to his day-to-day duties, helped facilitate a very educational and entertaining battle-sites tour of Okinawa which was open to the entire MAG. Last but not least, the new S-2 Officer Capt Mersek brings a wealth of experience to the shop, as evidenced from his time serving in Afghanistan as an ETT (Embedded Training Team) team leader. The outgoing S-2 Officer, 1stLt Ivey, has since moved up to the Wing G-2, while another S-2 Marine, Cpl Valido, left for 3rd MLG. Both of them will be missed.

With all the changing of faces, it is important not to forget about all the great training and accomplishments of the Marines already here! The S-2 shop recently passed its FAIs (Formal Area In-

spection), and most of the Marines took part in the Sgt Major's Relief and Appointment ceremony. LCpl Butler, LCpl Simmons, and LCpl Glover all completed the Chemical Reconnaissance and Avoidance Course in late-April, with LCpl Glover also completing the Share-Point course in mid-March. LCpl Butler also successfully completed the IOS (Intelligence Operating Server) course in early June, along with Sgt Hennessy and 2ndLt Janiga. The S-2 would also like to congratulate Cpl Bauer, who is still serving as the AWC (Assistant Wing Commander) driver, on the birth of his daughter Makailah on May 14.

The future is bright for the S-2, and we wish all the Marines at MAG 36 and their families a safe and fun summer.

CONGRATULATIONS!

Congratulations
to the following Marines on their promotions for the
period of
April 1– June 30, 31, 2010!
Sgt McCormick, LCpl Diaz Lopez, LCpl Hauqui, LCpl Watkins.

MAG 36へようこそ!
Welcome to MAG 36!

MARINE CORPS PROPERTY

The months of April, May and June have been busy for the Marine of Marine Corps Property (MCP). In April, MCP underwent its bi-annual Commanding General's Inspection. The Marines demonstrated their knowledge and ability during the inspection and the results were a finding of Mission Capable. Pushing ahead, the Marines have been busy preparing for the transition to a new Supply system for the Marine Corps called Global Combat Support System – Marine Corps (GCSS-MC). Part of this preparation has been verifying and re-verifying supply data in order to make the transition as smooth as possible. The section also experienced a significant turnover of Marines within the section, but the Noncommissioned Officers and Lance Corporals leaders are stepping up to the challenge and will continue their outstanding support for all of MAG-36.

Cpl Justin Chetelat, PFC Jeremy Sherwood, PFC David Vegamejia, PFC Sara Zayii, PFC Carlos Villanueva, and PFC Anh Vo are the newest leaders to join MCP. They are motivated and ready to carry on the MCP standard of excellence.

SSgt Bobby Hall, Sgt Johnny Gutierrez, Cpl Payne Gamboa, and LCpl Edward Stephens have departed PSD-36 for new duty stations. Their dedication and leadership will be sorely missed at Marine Corps Property.

Did you know.....

The Unit, Personal, and Family Readiness Program (UPFRP) has been in affect for over two years.

Who's eligible?

Anyone sworn into, born into or married into the USMC.

What does the program do for me?

- ◆ Provides **Official Communication** from the unit
- ◆ Provides an additional source for **Information and Referral**
- ◆ Encourages Personal and family **Readiness and Deployment Support**
- ◆ **Volunteer Opportunities**

OPERATIONS: OPS NEVER STOPS!

Since the last newsletter, the S-3 has been busy supporting 1st Marine Aircraft Wing's capstone exercise in Korea (Exercise Key Resolve 2010) and assisting units attending the Weapons and Tactics Instruction Course at MCAS Yuma, AZ. Operations also organized and hosted several Japanese Officers as part of the Japanese Observer Exchange Program. We have also been busy assisting in the preparation of personnel and equipment for upcoming 31st MEU Aviation Combat Element changeover between HMM-265 and HMM-262. In May, Operations reaped the fruit of several months' labor to bring the Pacific Missile Range Facility portable radar emitters and simulated surface to air missile launchers to Okinawa. Not only did MAG-36 units benefit, but also other Marine Corps, Navy, and Air Force units from both Okinawa and mainland Japan. June marked the beginning of another busy planning cycle for our two major exercises. We sent

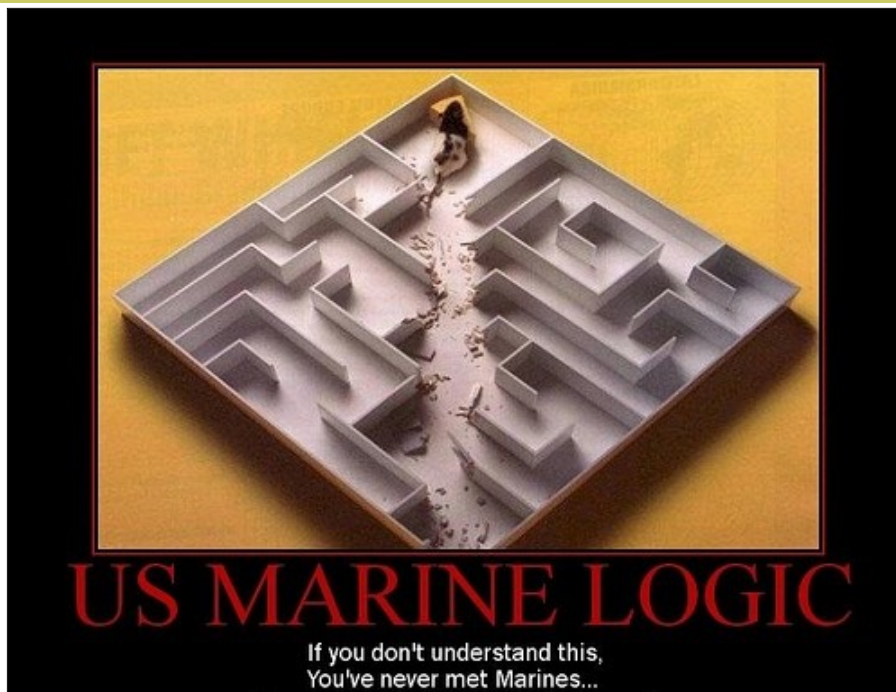
planners to conduct initial site surveys and planning conferences in the Republic of the Philippines and the Kingdom of Thailand in preparation for Exercises Talon Vision/Phiblex 11 and Cobra Gold 11 respectively. The past few months have also been filled with detailed planning for the arrival of the first MV-22 Ospreys to MCAS Futenma in late 2012 to early 2013. As summer get into full swing, we are helping the Air Station in the preparation for the MCAS Futenma Flight Line Fair scheduled for 7-8 August. Hope to see you and your families there!

Personnel update: Maj Clemens and Capt Yanity both checked out in June and headed to their next assignments in MCB Quantico, VA and MCAS Cherry Point, NC respectively. They will be missed and we all wish them the best of luck. Capt Morrissey also checked out of the headquarters and returned to VMGR-152 to continue flying with the Sumos. In light of these losses, we

welcome to the Operations Team, Maj Matthew Kerlin as our new Assistant/Future Operations Officer, Capt Agustin Arreola as our new Rotary Wing Frag Officer, and 1stLt Jason Weaver as our new Fixed Wing Frag Officer. LtCol Woodworth is doing well in his while serving in support of Operation Enduring Freedom in Afghanistan. The headquarters looks forward to his return sometime this Fall and wishes him continued blessings while serving on the front lines in the War on Terror. Until next time, the MAG-36 Operations Department wishes all of you a fun-filled Summer!



S-4



Caption: The MAG-36 S-4 knows how to accomplish the mission... in every clime and place!

The MAG-36 S-4/Armory/Facilities/Billeting/MMO/Embark/Supply/Special Projects Section has been operating like a finely tuned and well oiled machine! The Marines of MAG-36 work harder and more efficient than the rest of III MEF combined! Because of that, everyone in MAG-36 is proud to know the Marines associated with the S-4 sections because we know how to get the job done.

The summer has been busy for the S-4. Our section has supported a Post-and-reliefs for the SgtMaj of MAG-36 and 1st MAW; as well as change of command ceremonies for VMGR-152, MALS-36, HMM-265, and the Commanding General of 1st MAW.

Jane Wayne Day, held in April, was a smashing success and the S-4 was an integral part of that. All the spouses and family members that participated had a great time.

The Commanding General's Readiness Inspection (CGRI)

was held in late April and all S-4 sections and commodities passed. The Marines worked very hard to ensure all documentation and procedures were in accordance with Marine Corps directives and publications. Thank you to all the families that supported us for inspection preparation. We worked many late nights and early mornings to be ready.

Currently, the S-4 is planning for the Philippines Bi-lateral Exercise (PHIBLEX) to be held in the fall of this year. We look forward to the deployment and exercise.

Welcome aboard to SSgt Joseph D. Domann! He recently had surgery on his knee and will be acting as the MAG-36 Facilities Chief and Barracks Manager for building 460. He comes to us from VMGR-152. We are very happy you are with us.

Sgt Cedric McCormick went TAD to Camp Johnson and

has officially lat-moved into the embarkation MOS of 0431. Congratulations on his graduation from MOS school. Also, he and his family will be PCSing this summer. We will miss you very much!

Congratulations to PFC Lisa Cocanate on her recent marriage engagement. May God bless her new marriage.

Welcome aboard goes out to Sgt Gubernot from HMM-265 (the barracks manager for building 431) and Sgt Tillman from MALS-36 (the barracks manager for building 229). We are very happy to have you on the MAG-36 S-4 staff.

There are many new Marines in the armory: Cpl Mannel, LCpl Von Rueden, PFC Renner, PFC Wills, PFC Hutto, and PFC Wagner. A lot is expected out of the new blood in the armory and we all know they are very capable. Welcome aboard!

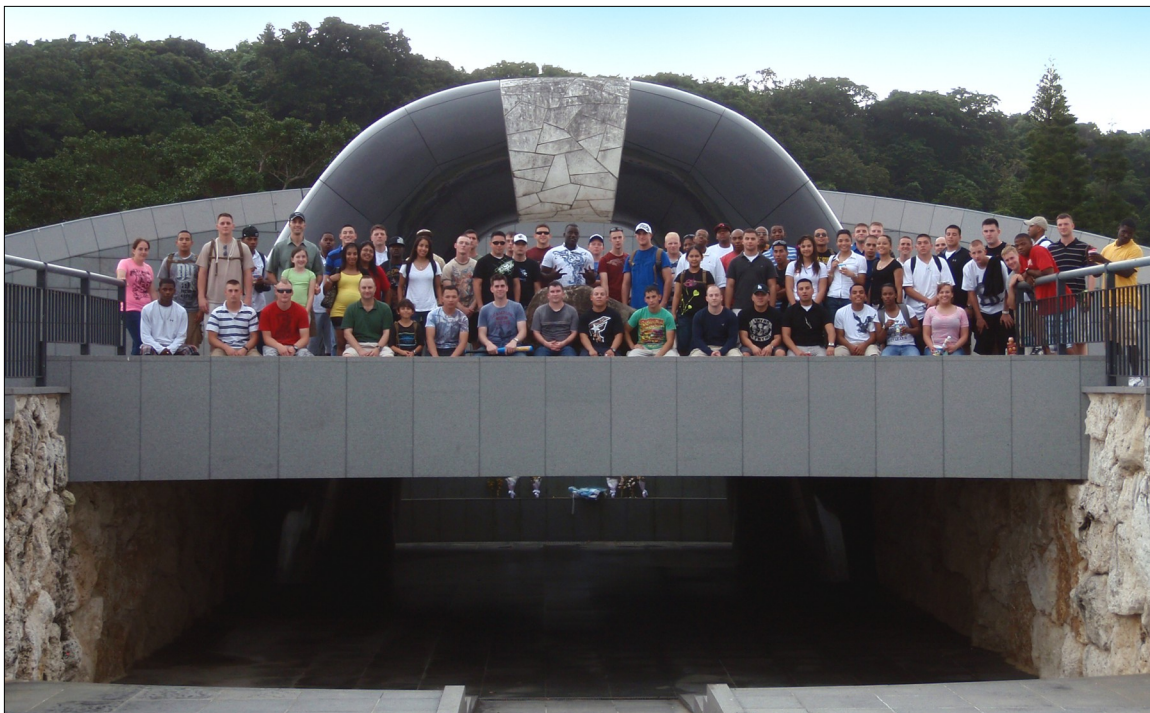
S-5: BATTLE SITES TOUR

As residents of beautiful Okinawa, we often forget about the strategic battle that took place here over 60 years ago. During the spring of 1945, Okinawa was the capstone battle of the Pacific island-hopping campaign. On May 21st the Marines of MAG-36 had the opportunity to visit a few of these historic battle sites. Starting at Kakazu Ridge just south of MCAS Futenma the Marines traveled to the Imperial Japanese underground Naval Headquarters and then finished the day at Peace Prayer Park on the southern tip of the island. The tour group listened to historical briefs prepared by their fellow Marines. Each stop provided a new perspective on the historical significance of this island. At Kakazu Ridge the Marines shared the view of the defending Japanese military, looking down on what would have been the invading US forces. Inside the underground tunnels of the Japanese Naval headquarters, they gained an appreciation for harsh conditions endured by



the Japanese. At Peace Prayer Park, the Marines had the opportunity to walk through the museum as well as spend some time reflecting at the

various monuments throughout the park.



S-6: COMMUNICATIONS SHOP

There has been plenty going on within the S-6 section at MAG-36 since the beginning of January. The leaders of S-6 are making progress to implement a training plan for it's Marines to set them up for success throughout their careers. This training plan was designed on the basis of a 24 month rotation cycle and is broken down into four sections geared toward providing the Marine with a concrete plan to be able to successfully operate give the demands of the MAG. The skill areas covered range from very simple tasks such as running manual tape saves, to more advanced skills to include Acatel routing and networking.

The initial six months the Marines will spend on island will be developing MOS skills in Aviation Logistics Information Management Systems (ALIMS). Within the ALIMS our area of responsibility is to maintain the Naval Tactical Command Support System (NTCSS) Suite Servers and Optimized Organizational Maintenance Activity (OOMA) NALCOMIS Server. These servers are used across the flight line giving the MALS and squadrons Marines technological tools as they maintain the aircrafts aboard MCAS Okinawa. With the MALS and squadrons Marines maintaining the aircrafts here at MAG 36 we are able to participate in exercises across the PACOM area of responsibility (AOR) such as COBRA GOLD, PHIBLEX, LAVA VIPER, KEY RESOLVE, FOUL EAGLE and provide Humanitarian Aid \ Disaster relief (HADR) to countries in need.

The second and third portions of the training focus on concepts that the Marines will be challenged with on a daily basis and

when forward deployed. Installing, configuring and troubleshooting routers and switches, which enable the data networking capabilities in conjunction with servers, enable our ability to access the everyday functions such as Outlook, printing, share drives, SharePoint, etc. Here the Marines will also be introduced to UNIX, which is another type of operating system that competes with Microsoft. The Marines are not expected to be able to operate within UNIX systems, but rather be exposed to broaden their knowledge base.

Lastly, the final portion of the training is centered on getting the Marines Security+ or Cisco Certified Network Associate (CCNA) certified. The Security+ course focuses on the possible threats that may occur on a network and how to mitigate those risks by taking the proper precautions regarding network security. Security+, is a week long course that the Marines can attend and when they successfully complete the course will be certified through Computing Technology Industry Association (CompTIA). CCNA is a beginning level program that certifies the competence of Internetworking professionals in routing, switching and connectivity. The CCNA course consists of four levels, CCNA I, II, III, and IV. The focus of the CCNA course is broken down into eight different categories, a few being bridging/switching, network protocols, routing, LAN/WAN networks, etc. For Marines this course is roughly two months and upon completion Marines

will receive their Cisco certification.

The S-6 section has high hopes for it's Marines and the challenges they will face during their MOS and personal development here at MAG-36. Best of luck!



Lcpl Barger and Harrington working on servers

CHAPLAIN CORNER



COMREL at Amer-Asian School, Ginowan City, Okinawa

Last month community relations activities consisted of projects at the Amer-Asian School in Ginowan City and the Beach clean up on Futenma Seawall. MAG 36 as of 6 May 2010 agreed to volunteer support with the community school in hopes of assisting local youth in that community during their after school program. Our command's leadership and its volunteers hope to foster a better relationship between the local and military community and locate worthwhile COMREL opportunities for our young Marines and Sailors. Projects for the month of June continue with volunteer efforts at the Amer-Asian School and Operation Goodwill donation center at Camp Hansen.

There is also a Sports Day schedule on June 25 from 1200-1500 at the Amer-Asian School. The Sports Day is a Japanese event held annually at the Amer-Asian School. The event allows the opportunity for the students, staff, parents and local volunteers to interact and encourage the students through sporting events. The event will host an estimated 60-80 student from the local community. MAG 36 squadrons have signed up in BIG numbers to participate and help the youth and staff during the event and to volunteer their efforts at Operation Goodwill's donation center. We appreciate every one's interest to support and all of your enthusiasm as we make our communities better

and motivate ourselves in the process.

Stay tuned for the upcoming project for July and August and review MAG 36 facebook page for photos of our current COMRELS.

<http://www.facebook.com/#!/photo.php?pid=4269461&id=111953943263>

FROM THE FLIGHT SURGEON

MEDICAL READINESS AND HEAT STRESS A MAG 36 MEDICAL "TOP PRIORITY"

Since our last posting, our medical department has undergone some personnel shifts. We said goodbye to our Group Surgeon, CDR Sims and welcomed a new fearless leader by the name of CDR Bradley Smith. CDR Smith hails from the coveted civilian community as he has been eagerly re-instated to active duty. We also received another hard charging Hospital Corpsman. HM3 Justin Jones. With that in mind, we would like to take an opportunity to wish the Hospital Corpsmen a "Happy" 112th birthday. The Corpsmen celebrated their 112th birthday this month at the Butler O'Club on June 18th. During mid-June, lines of Marines filled the Futenma Clinic and many base visitors wondered why. Well, they were waiting to get PHAs, HIV draws, hearing test, eye exams, immunizations or post deployment health surveys. MAG 36 hosted the first ever "Futenma base wide Force Health Protection Assessment". Our clinic screened 577 personnel on MCAS Futenma. Our mission was dual faceted; first, ensure Marines are capable of responding to any world-wide need and secondly, get medical readiness numbers elevated across the base.

Finally, we would like to take a minute to remind you that it is summer and with summer comes the potential for heat injuries. Whether at work or play, when your body's cooling system can't keep up with the heat, you dehydrate and your temperature rises above 101°F. You get heat-related illnesses such as:

- heat rash (plugged sweat glands)
- heat cramps (sweating has caused salt loss)

- heat exhaustion
- heat stroke (very serious—you can die).

Let's take a look at two serious heat illnesses: heat exhaustion and heat stroke.

HEAT EXHAUSTION

Heat exhaustion is when your body cannot keep blood flowing both to vital organs and to the skin for cooling.

Symptoms

- weakness, feeling faint
- headache
- breathlessness
- nausea or vomiting
- difficulty continuing work.

Treatment

Get medical aid and cool down (move to a shaded area, loosen clothing, drink cool water). It takes 30 minutes at least to cool the body down from heat exhaustion, and if it's not treated promptly, it can lead to heat stroke.

HEAT STROKE

Heat stroke is a medical emergency. You can die from it. Your body has used up all its water and salt and cannot cool itself. Your temperature rises to dangerous levels.

Symptoms

- confusion and irrational behavior
- convulsions
- unconsciousness
- no sweating—hot, dry skin
- high body temperature—40°C or more.

Treatment

If someone shows symptoms of heat

stroke, you should act fast.

- Call the local emergency number or get the person to USNH Okinawa hospital.
- Take aggressive steps to cool the worker down (immerse in a tub of cool water or cool shower, spray with a hose, wrap in cool, wet sheets and fan rapidly).
- If the person is unconscious, don't give anything to drink.

Here's how to avoid heat stress in the first place:

- Wear light, loose clothing that allows sweat to evaporate. Light-colored garments absorb less heat from the sun.
- Drink small amounts of water (8 oz) every half hour. Don't wait until you're thirsty.
- Avoid coffee, tea, beer, or other drinks that make you go to the bathroom frequently.
- Avoid eating hot, heavy meals that increase your body temperature.
- Remember that your physical condition can reduce your ability to deal with the heat. Age, weight, fitness, health conditions (heart disease or high blood pressure), recent illness, or medications can all affect your ability to withstand high temperatures.

Stay Healthy and Ready,

HMCS Claude Copeland,
MAG-36 Navy SEL

FROM THE SAFETY OFFICE: TYPHOON CONDITIONS

BACKGROUND

Okinawa lies in the Pacific's "Typhoon Alley." Typhoons, known as hurricanes in the United States, pack powerful winds and can be very destructive. They occur when warm water of the South Pacific Ocean between the Republic of the Philippines and Guam combines with the cool winds in the region.

Once formed, the storms usually travel in a path beginning near Guam, then moves toward the Philippines and Okinawa and before heading north toward mainland Japan or Korea. Most weaken at sea before they reach inland.

Typhoons are most frequent from June to November with as many as 26 typhoons forming in a season. However, usually only three or four pass close enough to Okinawa to be of any concern to people stationed here.

On Okinawa, the greatest number of typhoons is concentrated in August and September. Sophisticated weather forecasting and tracking equipment and reinforced concrete buildings have taken the surprise and most of the danger out of typhoons.

The Kadena weather flight monitors these tropical storms and typhoons, and serves as a focal point for typhoon information on Okinawa as part of the Pacific Command's Tropical Cyclone Warning System.

Warnings of approaching storms, as well as typhoon tips and precautions, are broadcast over American Forces Network-Okinawa radio and television.

Current local weather information, including tropical cyclone conditions of readiness, is available at:

<http://kadenaforcesupport.com/weather.html>

<http://www.usno.navy.mil/JTWC>

CONDITIONS OF READINESS

Following are Tropical Cyclone (Typhoon) Conditions of Readiness (TCCOR), their meanings and actions to take for safety:

TC-4: Destructive sustained winds of 50 knots or greater possible within 72 hours. Stock up on food, bottled water, dry milk, batteries, flashlights, candles and other emergency supplies. TC-4 stays in affect from June 1 to November 30 every year.

TC-3: Destructive sustained winds of 50 knots or greater expected within 48 hours. Initiate a general clean-up around your home, apartment and office. Pick up loose items, such as toys, garden tools and lawn furniture.

TC-2: Destructive sustained winds of 50 knots or greater anticipated within 24 hours. Secure all outdoor property such as picnic tables, barbecue grills, etc.

TC-1: Destructive sustained winds of 50 knots or greater are expected within 12 hours. DODDs schools will close at this time.

Fill any available containers with water. Make a final check of food, water and other supplies.

TC-1 CAUTION: Sustained winds blowing at 34 to 49 knots and are expected to reach 50 knots or more within 12 hours.

All outdoor activities, except those in direct support of urgent military missions, will be discontinued. The base exchange

and commissary close and all non-mission-essential people should be off the streets and in their residences. All AAFES facilities close.

TC-1 EMERGENCY: Destructive sustained winds of 50 knots or greater occurring. All outside activities are prohibited.

TC-1 RECOVERY: Destructive sustained winds of 50 knots are no longer occurring. Actual winds are 34-49 knots. No outdoor activity is authorized other than workers from pre-designated emergency crews. TCCOR1 recovery Mission-Essential Passes, which are issued to mission-essential agencies only, must be in the driver's possession before attempting to travel.

TC - STORM WATCH: There is still a possibility of danger to personnel due to the storm's unpredictability or from hazards created

by previous high winds. Normal activities may resume with caution two hours after declaration of STORM WATCH.

AAFES facilities and the commissary may reopen as well. Stay tuned to AFN television and radio.

TC - ALL CLEAR: The 18th Wing commander, as Okinawa's senior TCCOR authority, will announce condition "All Clear" when

local recovery operations are complete. Outdoor activity and transit between installations are authorized. Hazardous conditions and winds are no longer present, however be alert to possible damage and hazardous conditions on roads, etc. TCCOR-4 stays in effect from June 1 to November 30 every year.

TYPHOON CONDITIONS CONTINUED

TAKE ACTION

There are some simple but important steps that Airmen and their families should take in preparation for typhoon season.

Most importantly, families should have an emergency kit that contains the following items at a minimum:

- Flashlight with extra batteries
- Bottled Water (3 days worth - 1 gallon per person per day)
- Non-perishable packaged or canned food / juices
- Foods for infants or the elderly
- Snack foods
- Non-electric can opener
- Cooking tools/fuel
- Paper plates/plastic utensils
- First-Aid supplies, Prescrip-

tions

- Battery powered radio (AFN)
- Pet care items

Towels, rags, mops

When a typhoon is imminent, all personnel should:

- Fill bathtubs with water
- Turn refrigerators/freezers to highest setting
- Secure loose outdoor objects or store them indoors, play sets, bicycles, and other toys, grills, trampolines, storage sheds
- Store bulk trash items indoors if contractor has not picked up by TCCOR 2
- Secure & lock all exterior doors and windows
- Sandbag base of doors - self-help sand bags may be picked up at

Eagle Hardware for base housing residents

- Turn off all non-critical electrical items: lights, computers, printers, fans, TVs, etc.

- Fuel your vehicles

Park vehicles in an area least prone to falling tree limbs and flooding



CBRN

CWO Malott completed the Marine combat Instructor of Water Survival (MCIWS) Course and is able to instruct unit swim qual.

LCpl's Brandon Dockery and Sean McKinstry completed Technical Escort an advanced CBRN MOS school (Ft. Leonard Wood, MO) that deal with identifying, packaging, and transporting of Chemical Weapons and HazMat, in addition to learning total operations of working in confined spaces. Class requirements are regulated by the National Fire Protection Agency (NFPA).

LCpl Colegrove completed Nuclear Emergency Team Operations in

Albuquerque, NM. This class is conducted by the Defense Threat Reduction Agency (DTRA) and includes training on the medical effects, response plans, detection equipment operation, contamination control, radiation surveys for nuclear incidents.

Pvt Dupaquier, and his family had a birth of a son, in May.

CONGRATULATIONS!

Check out the MAG 36, PSD 36

Chili Cook-off

Results!

Thank you to all who participated in the Chili Cook-off on Friday, June 25th. We had 11 generous members of the MAG 36, PSD 36 family showcase their original recipes. The event was a huge success.

And the winners are.....

Most Unusual Chili: Sgt Hennessey

Best Presentation: Lt and Mrs. Weaver

Best Overall Chili: LCDR and Mrs. Jake Morarend

FROM THE FAMILY READINESS OFFICER

Family Operational Security (OPSEC)

As a family member of the military community, you are a vital player in our success and we could not do our job without your support. You may not

know it, but you also play a crucial role in ensuring your loved ones' safety just

by what you know of the military's day-to-day operations. You can protect

your loved ones by protecting the information that you know. This is known in the military as, "Operations Security", or OPSEC.

What is OPSEC? OPSEC is keeping potential adversaries from discovering

critical Department Of Defense information. As the name suggests, it protects US operations - planned, in progress and those completed. Success depends on secrecy and surprise, so the military can accomplish the mission more quickly and with less risk. Enemies of freedom want this information, and they are not just after the military member to get it. They want you, the family member.

Unofficial Websites The posting of pictures and information that is pertinent to your loved ones military unit to personal or family websites has the potential to jeopardize their safety and that of the entire unit.

Coordinate with your unit's Family Readiness Officer and have pictures screened and posted to the "Official" Key Volunteer website. This will

ensure that you contribute to OPSEC and keep the force safe.

What Information Is Sensitive?

Examples of Critical Information

The following examples may help

you in defining parameters for your communications. It is important to remember that there are many more examples than those listed below:

1. Detailed information about the mission of assigned units.
2. Details concerning locations and times of unit deployments.
3. Personnel transactions that occur in large numbers (e.g., pay information, power of attorney, wills or deployment information).
4. References to trend in unit morale or personnel problems.
5. Details concerning security procedures. If anyone, especially a foreign national, persistently seeks information, notify your military sponsor immediately.

What Can You Do?

There are many countries and organizations that would like to harm Americans and degrade US influence in the world. It is possible and not unprecedented for spouses and family members of US military personnel to be targeted for intelligence collection. This is true in the United States, and especially true overseas! What can you do?

1. Be Alert Foreign Governments and organizations can collect significant amounts of useful information by using spies. A foreign agent may use a variety of approaches to befriend someone and get sensitive information. This sensitive information can be critical to the success of a terrorist or spy, and consequently deadly to Americans.

2. Be Careful There may be times when your spouse cannot talk about the specifics of his or her job. It is very important to conceal and protect certain information such as flight schedules, ship movements, temporary duty locations and installation activities, just to name a few.

Something as simple as a phone discussion concerning where your spouse is going on temporary duty or deploying to can be very useful to US adversaries.

3. Protecting Critical Information

Even though this information

may not be secret, it is what the Department of Defense calls "critical information." Critical information deals with specific facts about military intentions, capabilities, operations or activities. If an adversary knew this detailed information, US mission accomplishment and personnel safety could be jeopardized. It must be protected to ensure an adversary doesn't gain a significant advantage. By being a member of the military family, you will often know some bits of critical information. Do not discuss them outside of your immediate family and especially not over the telephone.

WANTED

Volunteers
for the following unit
Command Team
positions:

- ◆ Family Readiness Advisor
- ◆ Family Readiness Assistant

Please contact your
Family Readiness Officer for
details.

Josette.knapp@usmc.mil

636-2216

IMPORTANT POINTS OF CONTACT

- ◆ Family Readiness Officer:
Phone - 636-2216
Cell Phone - 090-9593-6267
- ◆ Deputy Family Readiness
Officer: Phone: 636- 3020
- ◆ Chaplain's Office:
Phone - 636-3016
- ◆ Duty Chaplain: Phone - 636-3100
- ◆ HQS-36 GDO:
Cell Phone - 090-6861-4884
- ◆ American Red Cross:
645-3800 Duty Hours & After
Hours
- ◆ Counseling & Advocacy
Program: 645-2915, 2916
or 2918
- ◆ Marine Corps Family Team
Building: 645-3689
- ◆ Navy Marine Corps Relief Soci-
ety: 645-7808
- ◆ Legal (LSSS): 645-7144
- ◆ Personal Services Center: 645-
2104 or 2106
- ◆ School Liaison Officer:
645-8159
- ◆ Tricare Office:
643-7539 or 7601
- ◆ WIC Overseas Program:
645-9426



DATES FOR YOUR CALENDAR

July

1st MAW, Deployed Kids Camp, July 28-29, MCAS Futenma.

Mark your calendar! Details to follow!

Super Soaker Orienteering Course for Marines, July 30 at 0530.

S-5 Bake Sale, Camp Foster PX, July 31 Time TBD

Looking for Volunteers to bake- stay tuned for details!

August

Spouses Meet and Greet!, August 3,

Venue to be announced. Watch your emails!

MAG 36, PSD 36 Beach Bash August 13

Location: Torii Station Beach

L.I.N.K.S. for Spouses, August 12 0830-1400, Camp Foster, Ocean Breeze.

Call MCFTB 645-3689 to sign up.

September

PHIBLEX Pre-Deployment Fair, Potluck, and Brief

Date to be announced.

L.I.N.K.S. for Spouses, September 9 0830-1400, Camp Foster, Ocean Breeze.

Call MCFTB 645-3689 to sign up.